

NURTURING BODY, MIND, AND SPIRIT

AN **Island Spa**
EXPERIENCE



RIGHT (CLOCKWISE FROM LEFT): *Pa'akai* (salt) is used for Hale Ho'ōla's signature treatment, Ma'ukele Volcano Rainforest 'Ike. Hawaiian *lomilomi* typically involves using the elbows. Here, a massage therapist at Hale Ho'ōla does that to relieve her client's sore muscles and to stimulate circulation. Walkways lined with graceful arches are among the architectural highlights of Ahu Pōhaku Ho'omaluhia.

Big Island Spa & Tanning

29 Shipman Street, Suite 103

Hilo, Hawai'i 96720

(808) 961-1919

www.bigislandspatanning.com

Facility highlights: Seven treatment rooms, including an aromatherapeutic steam room and one for couples' massage; two rooms for aesthetic and beauty treatments, including facials, waxing, chemical peels, eyelash extensions, and eyebrow tinting

Special services: Wedding packages, indoor tanning

Signature treatment: Herbal and Natural Body Wrap

Hale Ho'ōla

Hawaiian Healing Arts Center and Spa

11-3913 Seventh Street

Volcano, Hawai'i 96785

(808) 756-2421

www.halehoola.net

Facility highlights: Suite large enough to accommodate couples, located in a tropical rainforest; outdoor reception area overlooking the rainforest

Special services: Hawaiian cultural workshops, steam canopy system (a massage table covered by a canopy that provides the benefits of a steam room)

Signature treatment: Ma'ukele Volcano Rainforest 'Ike

Ho'ōla Spa

Sheraton Keauhou Bay Resort & Spa

78-128 'Ehukai Street

Kailua-Kona, Hawai'i 96740

(808) 930-4848

www.sheratonkeauhou.com

Facility highlights: Seven treatment rooms, including one with a Vichy shower, one with a hot tub, and two for

