



Rejuvenation Packages

Please allow 2 hours for these treatments.

Ma'ukele - Volcano Rainforest 'Ike - Experience this healing element package that begins with our foot lomi and volcanic foot scrub. The body is then exfoliated with an 'iliah (Sandalwood) salt scrub. While enjoying a warm steam you will receive a face and scalp massage. A volcanic clay mask can be applied upon request. After rinsing a lomilomi massage relaxes you with our unique Ola tropical oil replenishing and moisturizing, parched dry skin.

Piha Hau'oli - Euphoric awakening of all the senses. This package begins with our pikake foot soak and lomi. Followed by a Mauna Kea Mac-nut salt body scrub. While enjoying a warm steam, a Hawaiian lilikoi (passionfruit) facial wash and Island Pikake deep purifying facial mask is applied. For a finishing touch your choice of Island Pikake body butter or a luxurious creme lomied on the skin taking your senses on a journey that is uniquely Volcano.

Kane Ali'i - This specialized treatment for men begins with an exfoliating foot scrub followed by a pa'akai (salt) and cane sugar scrub infused with coconut, avocado and lilikoi (passionfruit) oils. Uplifting island aromas surround you under a warm steam canopy while enjoying a deep cleansing herbal mask. After a rinse enjoy our finishing touch with a lomilomi massage using a rich botanical creme.

Kanilehua - This unique package will give your skin a drink. Beginning with a flower infused foot scrub and lomi. A Wild Ginger Cane Sugar body scrub is applied then enjoy a warm steam bath with a face and scalp massage. After a rinse, enjoy a lomilomi with warm kukui nut oil finishing with a wild ginger body mist.

Wāwae Lomilomi - A foot massage that stimulates all parts of your body. This relieving treatment begins with an Organic Ginger and 'Ōlena (tumeric) purifying foot soak then a Volcanic clay scrub. Hot pōhaku (stones) are then utilized with warm kukui nut oil and lomi that works its way from the tip of the toes to the tops of the knees. A truly loving treatment that takes care of the hardest working part of our body.

Pili'aloa Package - (Honeymoon or Anniversary) This loving treatment begins with with a Pikake foot soak and lomi then followed by a choice of a Salt or Sugar Body Scrub. You are then placed in an Imu-loa (sweat bath) finalized with an hour long Lomilomi Hula, leaving you in a bliss filled with the Spirit of Aloha.



To make an Appointment

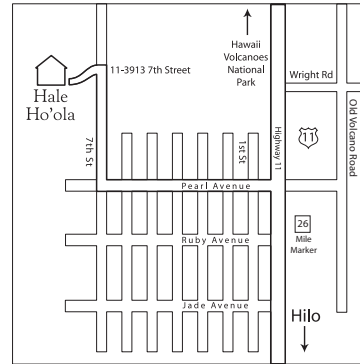
Please call or email us. No walk-ins.

Phone: (808) 756-2421

Email: aloha@halehoola.net

Web: www.halehoola.net

How To Find Us



Hale Ho'ola
11-3913 7th Street
Volcano, Hawaii 96785

Cancellation Policy

A twenty-four hour advance notice is required for a cancellation or to reschedule.

Spa Tips

Children under 16 must be accompanied by an adult.

Please arrive 10 min prior to your appointment. Should you arrive late, your appointment will be shortened to allow time for the following appointed session.

Please notify practitioner of any health conditions or surgeries as it may affect the type of treatment you choose.

Gift Certificates Available

Tax and Gratuity not included.

Prices subject to change

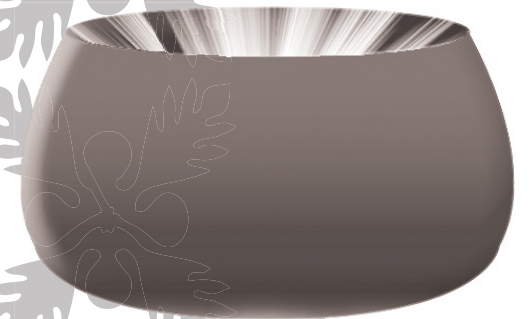


License
MAT#6647 MAE#2242

Hale Ho'ola

Hawaiian Healing Arts Center and Spa

VOLCANO'S SPA



'Imi pono a me lamalama ka'ili
(Strive to be righteous and glow with health)

Hawaiian Treatments

Experience the very essence of Hawaiian Culture and it's healing elements. Feel the warm aloha spirit lift your heart, mind, body and soul.

Lomilomi - A traditional Hawaiian massage which is passed on through family generations. Lomilomi begins with a pule (prayer) and employs the elbows to create a rhythmic therapeutic experience. Offering relief to sore muscles, increasing circulation and is beneficial for the physical, mental and spiritual aspects of the individual.

Lomi Hula - A creative, soothing infusion of hula (dance) and lomilomi that is choreographed to Hawaiian music. Descriptively it is portrayed as doing the hula on the body. Lomi Hula is a more relaxing and soothing massage, offering a melodic and euphoric experience.

La'au Hamo - La'au (medicinal herbs) Hamo (to rub or massage). Blends Lomi lomi with the use of Hawaiian medicinal plant and flower extracts. Promotes healing, rejuvenates, calms and soothes the mind and awakens the senses. Practitioner will discuss homeopathic and aromatherapy choices.

Pō'pō kāpa'i - Pō'pō kāpa'i (ball of herbs used for massage) traditional Lomilomi massage incorporating hot steamed herb filled bundles. Soothes sore muscles and leaves you with a sense of endless relaxation.

Hāpai Lomilomi - Hāpai (pregnancy) massage pays special attention to the mother-to be in her stage of pregnancy. A special Body Support System is used for comfort and proper positioning for a relaxing and nurturing massage. Aids in reducing edema, relieves low back pain and discomfort, promotes greater relaxation, helps with insomnia, and improves both expectant mother and baby's overall health and well-being. Not recommended in the first trimester.

Ōpū Huli - Ōpū (stomach) Huli (to turn) begins with the Lomilomi practitioner measuring the placement of the wāwae (feet). A pule (prayer) is said and warm kukui nut oil is carefully filled into the piko (navel). The na'au (stomach) is gently manipulated and kneaded in a circular motion. Opu Huli offers relief for menstrual cramps, jetlag, gastritis and any low back or abdominal pain.

Pōhaku Pa'a - Pohaku (water worn basalt stones) Pa'a (firm, solid, hard) is based on a Hawaiian healing method of fire heated stones. Pohaku had many different uses in the Hawaiian culture. This treatment utilizes the art of Lomilomi with warm kukui nut oil. The hot pohaku are placed along the spine and extremities. A soothing unique island experience that melts away tight muscles, improves circulation, and leaves you with an overall sense of well-being.

Keiki Lomi - Keiki (child) massage for a child under the age of 14. An adult must be present during this massage.

Kupuna Lomi - Kupuna (grandparent, elder) massage with a special body support system that is used to cradle the body and support the spine so that the body may relax and be loved.

Body Treatments

All body treatments include a full body exfoliation then implement the use of the Steamy Wonder steam therapy canopy which requires no wrapping so that you may enjoy a nice steam bath on the table. Finishing with a light body massage utilizing a body butter, oil or mist.

Ancient Forest 'Iliahi Salt Scrub - Ancient Forest is a blend of Sandalwood ('iliahī), hint of orange, vanilla and ylang ylang. 'Iliahi is soothing, centering and promotes well-being. This exotic body treatment exfoliates, purifies and tones leaving your skin soft, smooth and refreshed.

Fruit Leo Body Polish - Fruit Leo (melody) is a profusion of mango passionfruit, orange, lime, pineapple, and a hint of jasmine. Fruit is full of alpha-hydroxy acids and vitamins for moisturizing and nourishing the skin. Finalizing with a coconut mist, your body will feel revitalized and refreshed.

Wild 'Awapuhi Body Therapy - Wild 'Awapuhi (ginger) combines citrus, cinnamon, ylang ylang, vanilla, lemongrass and a hint of jasmine. Ginger is used to stimulate circulation and is known for its purifying and warming properties. This island body treatment tones and hydrates the skin, leaving it soft, moisturized and in a state of balance.

Hawaiian Coconut Cane Sugar Scrub - Hawaiian coconut, long appreciated by the kama'aina (native born) for its many uses and benefits. Coconut is a rich source of moisture and is highly conditioning. A rich tropical blend of sweet coconut, tangy lemongrass, and a hint of vanilla, that takes your senses on a journey of endless relaxation.

Pikake Body Smoothie - An intoxicating scent of island jasmine. This delightful treatment begins by buffing your body into an euphoric state and awakens your senses. Enjoy a face and scalp massage while steaming then smoothed over with body butter or pikake mist for a finishing touch.

Tahitian Body Glow - An invigorating sensual, aromatic scent of aged coconut oil infused with Tahitian tiare flower. A flower infused salt body scrub is used then enjoy a face and scalp massage while steaming. After rinsing off a warm monoi oil (aged coconut oil infused with tiare flower) is then massaged over your body revealing hydrated, fresh radiating skin. Finishing with a light coconut mist that embraces you.

Aloha 'aina noni 'owela Treatment - 'Owela (sunburn). The nectar of the Hawaiian noni fruit (miracle healing fruit) is combined with 'aloe and applied gently on the kino (body) and La'i (ti leaf) are then applied as a wrap to soothe, cool and relieve sunburned skin.

30 minute Pūholo - Pūholo (sweat bath) An effective treatment for those who wish detoxification or sore muscle relief. Beginning with a 10 minute lomilomi on the back and legs then a steam canopy covers you for 15 minutes. While steaming enjoy a face and scalp massage. A great pick me-up especially after a hike or strenuous work-out.

Skin Care

Non-extraction facials. Facial treatments include deep cleansing, steam hydration, exfoliation, toning massage and mask.

Enriched Volcanic Mineral Mask - Beginning with a lili'koi papaya face wash then island flower extracts of orchid, hibiscus, gardenia and passionflower are blended with rich volcanic clay to produce this ancient mineral mask experience. Volcanic clay draws out impurities, while the flower essences cleanse and soothe the skin.

Kalo Enriched Facial Mask - Kalo (taro) has always been the life-force of Hawaiian Culture. This rich mixture is combined with essential mind/body food with skin enhancing and healing honey, emollient coconut milk and moisture rich kukui nut oil leaving the skin nourished and glowing.

Aveda Herbal Cleansing Facial - A deep cleansing absorbing clay with pure flower and plant essences. This facial is utilized for excess oil and impurities.